

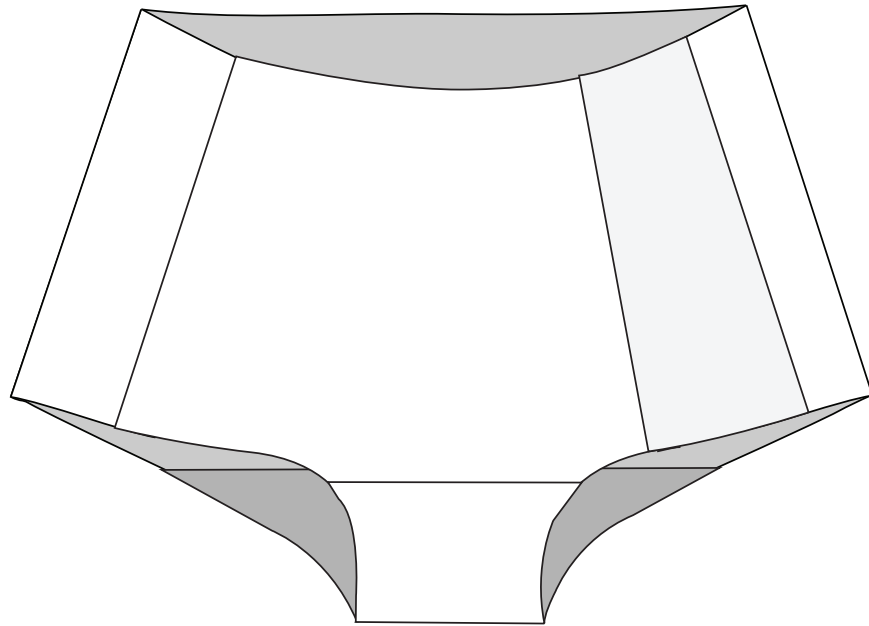
Supplies • Education • Design

# Porcelynnne

A Small Business Supporting the Lingerie Industry Since 2002

## Rachel Brief

High Waisted Women's Brief  
Sizes XS-3X



[Porcelynnne.com](http://Porcelynnne.com)

## Determining Your Pattern Size

This pattern is an original design by Porcelynnne. The design wraps from the back to the front on the hip, designed to have a contrast panel. Use the chart below to determine which size you best fit into. This pattern is available in sizes XS through 3X.

The fabric suggestion for this size charts is for fabrics with a 20-40% stretch. To determine the stretch, pin your fabric across your stretch at 5". Stretch the fabric to a comfortable stretch. If it is 8" or under, follow the size chart below. For measurements of 9" or over go down one size.

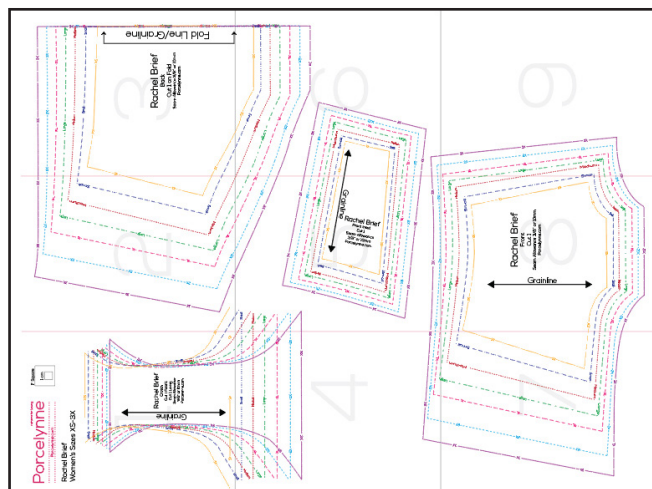
Letter Sizes	XS	S	M	L	XL	2X	3X
Dress Size	0	2-4	6-8	10-12	14	16-18	20-22
Waist	22-25	26-29	30-33	34-37	38-42	43-48	49-54
Hip	32-35	36-39	40-43	44-47	48-51	52-57	58-63

## Supply List

- 1/2 yard stretch lace or mesh fabric (2X & 3X may require up to 3/4 yard depending on the direction of fabric stretch)
- 8" x 8" contrast lace/mesh (you can easily utilize scraps to cut this pattern piece out)
- 3 yards of decorative elastic for legs and waist
- 10" x 10" cotton jersey for lining (all you really need is a square of jersey 10"x10")
- Ball point/stretch needles

## Printing Instructions

Three pattern sizes are included: Letter (8.5"x11") size, A4 and A1 (23"x33"). When printing, **deselect** the option "Fit to Canvas" or "Scale." This pattern needs to print at 100% or "Actual Size". There are 1" and 1 cm squares for checking your size after printing. Pictured is the letter size file tiled. These patterns are designed with a 3/4" overlap on all sides. You can trim the patterns on the lines, or carefully line up the pattern makings from page to page. They are considered trim-less if your printer prints from edge to edge.



# Rachel Brief- Page 3

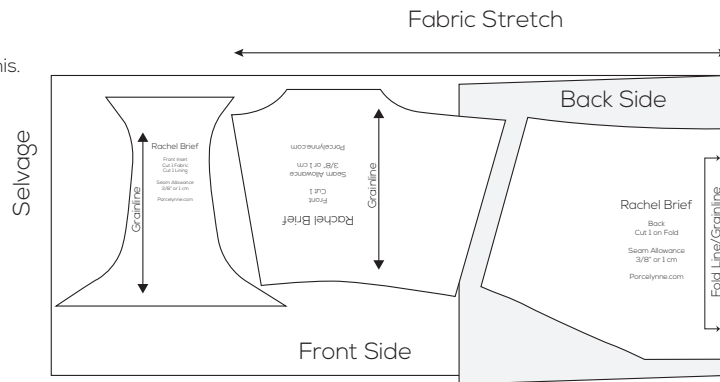
## Cutting Instructions

The grainline on the patterns indicate the direction of least stretch. This is usually parallel to the selvage/finished edge. There are exceptions with certain stretch fabrics. The greatest stretch should go around the body.

The insert/contrast pattern piece can be used off grain as long as there is some stretch in the fabric. The stretch of the remainder of the panty will offset the grain of the inset pattern piece. This pattern is not depicted in the layout as it is designed as a contrast.

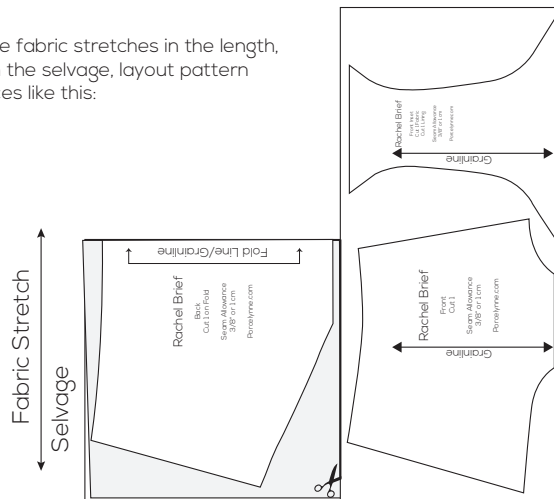
The crotch lining should be cut with the correct direction. Cutting this off grain will cause stretching and fit issues.

If the fabric stretches from selvage to selvage, layout pattern pieces like this.



Contrast Not Pictured  
Contrast is cut out of separate fabric.

If the fabric stretches in the length, with the selvage, layout pattern pieces like this:



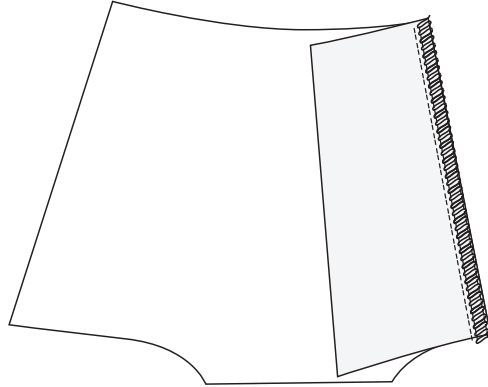
## Elastic Options

These directions depict three types of elastic finishes. Choose from picot/decorative edge elastic, fold over elastic or a plain 1/4" elastic for a hidden elastic finish.

## Sewing Instructions

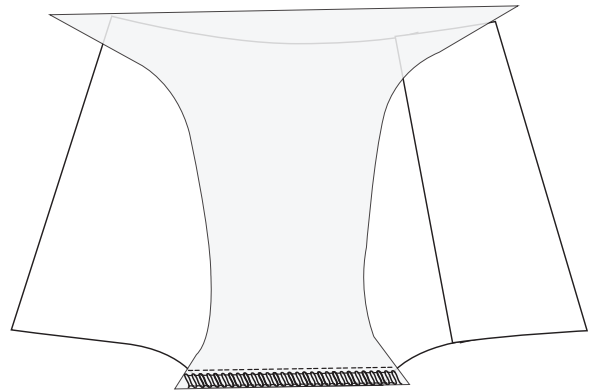
### Step 1

Sew the inset to the front pattern piece using either a stretch stitch/zigzag with a home sewing machine or an overlock/serger. The seam allowances on this pattern are all  $\frac{3}{8}$ " or 10mm.



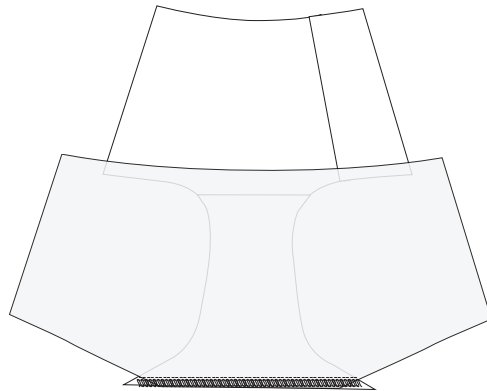
### Step 2

Sew the fabric crotch piece to the front pattern piece with either a basting stitch or the overlock. These steps are broken down for ease in construction. Experienced sewers can sandwich the front between the jersey crotch lining and the fabric crotch piece (depicted in step 4).



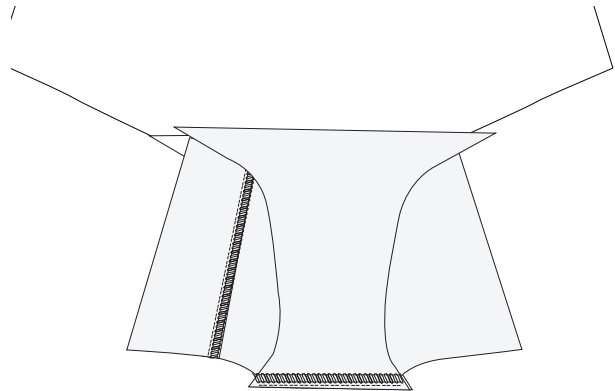
### Step 3

Sew the fabric crotch piece to the back pattern piece.



### Step 4

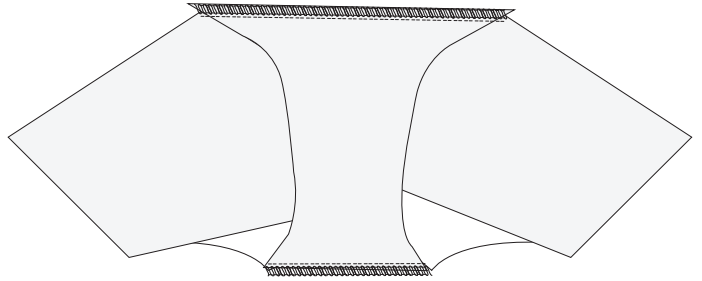
Sew the jersey crotch lining on the wrong side of the front. In this step, the front pattern piece is sandwiched between the crotch lining and the crotch fabric piece.



## Rachel Brief - Page 5

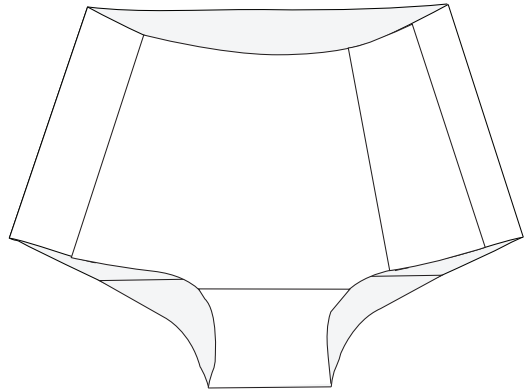
### Step 5

Roll the front and back together attaching the back of the jersey crotch lining to the back side.



### Step 6

Pull the garment body through the lining and sew the side seams together. The side seam does not lay directly on the side. The design wraps to the front hip.

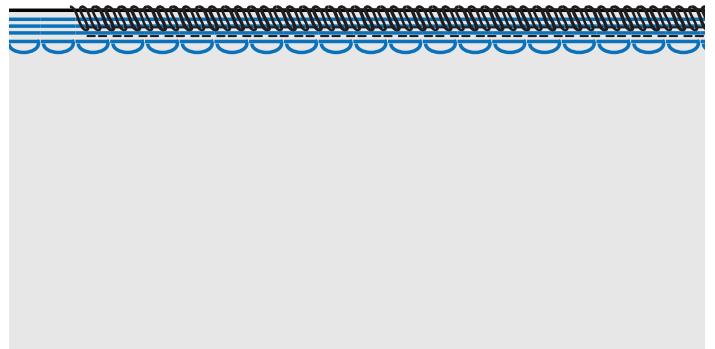


## Step 7 - Elastic Attachment Options for the Legs and Waistline

### Option A: Picot Elastic

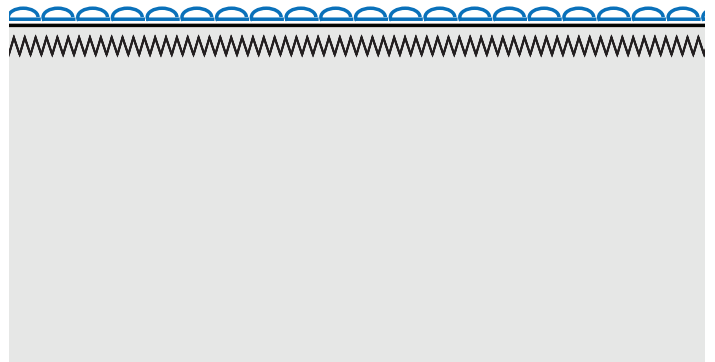
#### Step A1

Overlock or zigzag the elastic to the edges, overlapping the ends by about 1". The right side of the elastic should be facing the fabric and pointed away from the edge. Stretch the elastic about 10%. If you don't, it may stretch out of shape in the next step.



#### Step A2

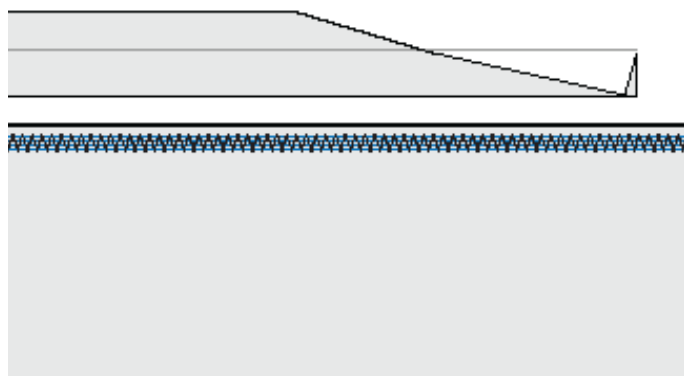
Complete by folding the decorative edge of the elastic outwards, flipping the stitched edge under. Zigzag in place.



## Option B: Fold Over Elastic

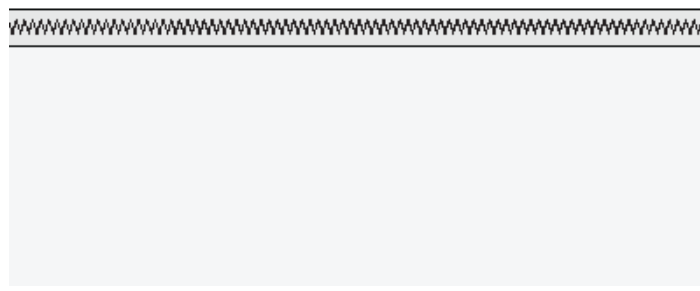
### Step B1

For fold over elastic, you may remove the seam allowance of 3/8" first. If you are not removing it, it may create bulk on the edges. Press your fold over elastic in half.



### Step B2

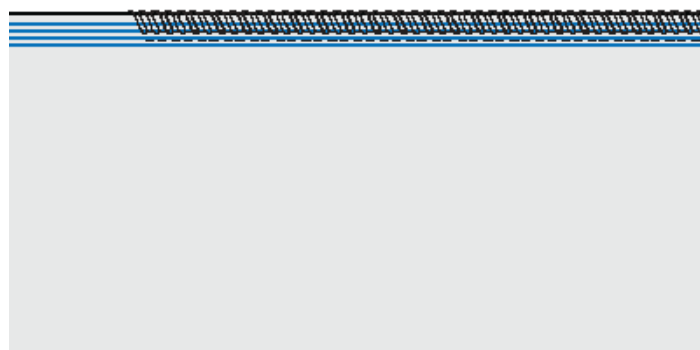
Fold the elastic over the edge and zigzag in place. Stretch the elastic up to 20% when sewing. Fold over elastic stretches when its sewn and does not have the full elastic return as other elastics do. Test on a sample prior to sewing your neckline and armhole.



## Option C: Plain Elastic

### Step C1

For a clean finished edge, overlock a plain 1/4" elastic to the backside of the neckline and armhole. Stretch up to 10% when sewing.



### Step C2

Fold the fabric edge over the elastic, encasing the elastic fully. Finish with a zigzag stitch.

